

Creating *the NOW*



Determining Career Interests

Exercise 4

Answer the questions below and mark the company characteristics that fit your needs.

- A. Are you looking for a temporary or permanent position? (Circle one.)
- B. Will it be full-time or part-time work? (Circle one.)
- C. If you choose to work for a company or employer, then decide which of the following would fit your needs. Circle the number in front of the chosen options. Add any others that are important to you.
1. A company that trains their employees
 2. A fully-paid insurance plan
 3. A company offering flexible hours
 4. A supportive team within the work place
 5. A company that offers day care on site
 6. A company that honors creativity and is open to suggestions
 7. An on-site gym or workout room for lunch or after work programs or a reduced membership at a local gym
 8. A company that allows you to work part of the week from home on your computer
 9. A company that honors hard work with the potential of advancement
 10. A company that offers bonuses for production
 11. A company which offers you independence in how you get your work done
 12. A company that offers to pay for education in the same field or to obtain a degree
 13. An occupation that challenges your thinking
 14. An occupation that allows you to be creative
 15. An occupation that serves others
 16. An occupation which supports the environment
 17. What other needs, if any, might you have from an employer that are not listed? Please list them.

Determining Career Interests

Exercise 4 (continued)

D. Here are a few more personal questions to address when evaluating a career opportunity.

1. Is my attitude toward this work one of joy, happiness and focus?
2. Will my co-workers accept me and what I have to offer?
3. Do I feel I can reach my goals with this company?
4. Do co-workers share the same sense of enthusiasm I do for the product?
5. Does the product assist individuals on their path?
6. Does the work offer the level of creativity I desire?
7. Do the company beliefs align with my faith or beliefs?
8. Are the employees allowed a level of freedom to explore ideas or methods?
9. Does the work allow employees to be innovative with continuing success?
10. Does the career offer a comfortable level of physical activity for your body?

A company with the benefit of a paid education could be a night class to keep you updated on what is new in the industry, how to use a new piece of equipment or a new computer program for an upgrade to the company's new system. It may also be an education for a degree in the same field, offering a degree for you and a potential future with the company in a higher paid position. One of my seniors talked with his employer after a class discussion on this topic. Although not the norm, the employer agreed to pay for the student's college education if he worked part-time during college and agreed to work two years for the employer after graduation, all with pay.

Many fields expect you to have a degree and pay for the courses needed to keep your license or credentials updated and active. Examples of this would be a teacher, nurse, real estate agent, massage therapist, acupuncturists, etc.