

Creating *the NOW*



Determining Career Interests

Exercise 2

Which of the following do you enjoy doing? Mark the appropriate column at the right that applies. Add short phrases under the Comments column such as why for clarity.

Activities	Like	Dislike	Comments
Working by myself			
Working with others			
Talking on the phone			
Putting puzzles together			
Fixing things			
Taking things apart to see how they work			
Working with my hands			
Working with numbers			
Doing detail work			
Solving problems			
Negotiating with or for others			
Organizing things			
Communicating with others			
Showing others how to do things			
Working at a desk			
Moving around instead of sitting			
Driving if it were part of your job			
Traveling long distances			
Being of service to others			
Repairing computers			
Playing computer games			
Taking charge of things			
Caretaking others			
Doing volunteer work			
Socializing with friends			
Being your own boss; creating a business			
Sales work			
Working with animals			
Other; list below			